

Express Yourself

arts workshops



Participants are offered positive encouragement in a supportive environment, enhancing wellbeing, social skills and confidence.

WORKSHOPS STARTING JANUARY 2012

DATES (all Thursdays)	WORKSHOP Times: 10am - 12pm
Jan 12, 19, 26 Feb 2, 9	THE ARTIST'S WAY Experiment with the ways that famous artists have expressed themselves, Pollock with gestural painting; Calder with mobiles; Dubuffet with sculpture, Emin with textiles; and Banksy with stencils.
Mar 1, 8, 15, 22, 29	VISUAL ARCHAEOLOGY Exploring Bates Mill, we will weave together the history and present day mill. We will use a range of techniques to create a 'picture of the Mill', exploring the diverse textiles, structure and patterns to be found in this historic place.

For more information:
AiM (Artists in Mind) –
01484 434 909



Out of the Blue is delivered by local arts organisations—Hoot and AiM (Artists in Mind)—who have combined to offer a range of creative opportunities for people with mental health needs in Kirklees.

www.artists-in-mind.org.uk